

Wednesdays with Warrenton Area Chamber of Commerce



February 26, 2020

"Do just once what others say you can't do, and you will never pay attention to their limitations again."

~James R. Cook

NEXT CHAMBER MEETING

The National Weather Service in Your Community!

We are pleased to welcome Kevin Deitsch of the National Weather Service to our March 10th Chamber meeting. Kevin Deitsch is the Warning Coordination Meteorologist for the National Weather Service in St. Louis. While a fancy title, his job is basically to serve as the main liaison between the National Weather Service and the local community. Kevin is involved in most of the community and media outreach in the office. Kevin loves his position and refers to it as his "dream job" because he gets to see and hear each day about how weather affects people's lives and how the National Weather Service can help people stay informed and safe from Missouri's weather hazards!

MARKETING COMMITTEE MEMBERS WANTED

Our Marketing Committee is gearing up for 2020 and we are welcoming any and all volunteers to help move our Chamber forward in a positive direction. We will be working on the strategies to market our organization and our member businesses.

If you are interested in being a part of this committee, please let Jan know at warrentoncoc@socket.net. Our next scheduled meeting is Thursday, March 5th at noon (meeting place to be determined). Questions? Feel free to ask!

FRIENDS OF THE CHAMBER

CertainTeed www.certainteed.com

Edward Jones, Glenda Buxton glenda.buxton@edwardjones.com

> Schraer Heating & Air Conditioning schraer@usmo.com

Janet G. Bradshaw Financial Services janetbradshawfinancial.com

McRoberts Motors www.mcrobertsmotors.com

Legacy Drugstores www.legacydrug.com

Ratholland Towing & Automotive Services

www.rathollandtowingandauto.com

Farmers Insurance - Nick Skibinski agents.farmers.com/mo/warrenton/nick-skibinski



BUSINESS SPOTLIGHT OF THE MONTH Warren County Health Department

The Warren County Community Fitness Center is offered by the Warren County Health Department as a facility to help everyone increase their physical activity and improve



their health and well-being. We have an open gym full of commercial grade equipment and a large group exercise area for a variety of classes that range from Senior Exercise, Chair Class, Chair Yoga to morning cardio, evening Zumba, Cardio Dance and Sweat & Chill. We can help you reach your fitness goals with a highly qualified staff of certified personal trainers, instructors and staff. We offer affordable options to fit everyone's budget and it's FREE for those who have Silver Sneakers or Renew Active through their insurance. Contact us today to learn more, 636-456-1567. We are located at 3920 N. Hwy 47 (corner of 47 & Isabella) Warrenton MO 63363. Go to www.warrencountyhealth.com and click the FITNESS tab or find our schedule on the home page.

WARRENTON AREA CHAMBER MISSION STATEMENT

"To enhance the business climate and quality of life for the Warrenton area through programs that facilitate and stimulate economic and professional growth."

LIFE CAN BE EASY—THE CHOICE IS YOURS!

Do you remember when one of the big office supply stores developed the big red "Easy" button as a reminder to "keep things easy at work"? Years ago, one of my fellow staff members at The Ford Institute started bringing a big red "Easy" button to all of the in-person workshops and trainings we did. He would keep it out at the staff table at the back of the workshop room. It was actually a perfect reminder for all of us that an invitation for transformation exists in every moment and it can happen in an instant if we choose to open up and receive the invitation. Unfortunately, most people don't recognize the miracles that are always dancing right in front of them as well as their innate power and ability to shift what they are experiencing in each and every moment.

On a daily basis, I watch and hear stories about what I categorize as "people who are committed to struggle." Wherever they go and whatever they do, drama seems to follow them, upset happens, disappointment permeates every experience, and "little things" seem to always get blown out of proportion. Whether they realize it or not, they are on some level always looking for what is wrong and, as a result, they find it! Since they are committed to clinging to a past that has betrayed them, being the victim, and telling themselves stories that end "unhappily ever after," they miss the magic of the moment or anything good that might be coming their way or even standing right in front of them

But just like one glance at the big red "Easy" button can be the catalyst for transformation, we all have the choice to shift from struggle to ease in any situation. In order to do so, first you must be painfully honest with yourself about what's going on. If you are experiencing struggle and drama in more than one area of your life, in several situations, or with multiple people, then you have to be willing to recognize that you are the common denominator in the creation of this chaos. No matter what you might be saying you want - such as peace and quiet - there is something happening inside of you that is creating the friction, fighting, and fatigue.

Your outer world is a reflection of your inner world.

If you are experiencing unrest in our outer world, then you must look within. You must take 100% responsibility for the reality you are experiencing. Take time to look at:

- Is there some belief you have or maybe adopted from your parents that "life is hard" or "life is about surviving and not thriving?"
- Is there some action, reaction, or pattern of behavior that you keep repeating that keeps you stuck in a cesspool of turbulence, disappointment, or discontent?

Or maybe the conflicts that you are experiencing in your outer world come from the conflict within yourself.

- Do you constantly have a demeaning dialogue running inside your head?
- Are you berating yourself for not being good enough, smart enough, or charismatic enough?
 It's time to declare "Enough is enough!"

As the saying goes, "Struggle is optional!" If you want to switch from struggle to ease, the choice is yours. Now is the time to bust free from the past, to give up your righteous beliefs about how unfair or hard life is, to bring awareness to the voice of condemnation inside your head, and to call a truce to the internal war inside of you. When you start feeling ease within yourself, it will be reflected in your outer world.

Transformational Action Steps

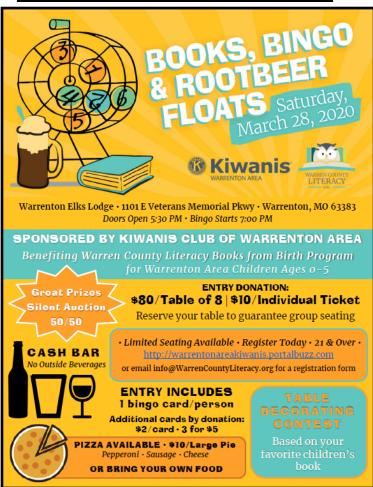
- 1. Allow yourself to see how you are addicted to struggle or identify an area or situation in your life where you have created struggle.
- 2. Honestly evaluate the behaviors, actions, and patterns that you engage in that lead to struggle, the beliefs you have around struggle vs. ease, and the turbulent internal dialogue inside yourself that is being reflected in your outer world.
- 3. Allow yourself to identify what you could do to shift these behaviors, beliefs, and thoughts to promote more ease in your life. Take some of those actions and notice what changes.
- 4. Set a strong intention to create more ease in your life and create a structure that will support you in manifesting your intention.

EVENT DATES (see flyers)

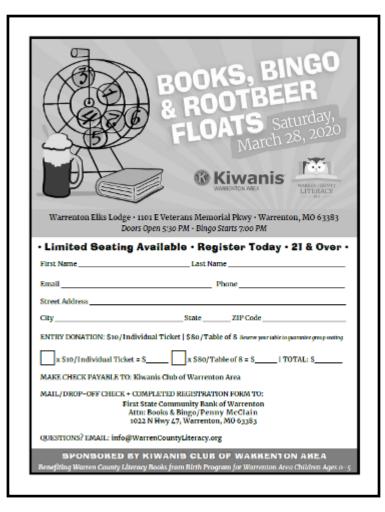
February 29th **Cooking School—Blue Anchor Bistro** February 29th **Benefit for Justin Schlenther** February 29th Mouse Races—Project Graduation March 7th Chili Cook-Off—Elks Lodge March 9th Health Matters Luncheon—Warren **County Health Department** March 14th Cooking School—Blue Anchor Bistro March 15th St. Patrick's Day Brunch—Blue Anchor **Bistro** March 19th **Golf Tournament—Emmaus Homes** March 21st Splash & Pajama Party—City of Warrenton March 22nd Wedding Showcase—Innsbrook Resort March 28th Bingo—Kiwanis Safety Festival—Warren County Health May 2nd



Department











Benefit for Justin Schlenther

Saturday, February 29 2020 2-11PM Progress Park Recreation Center 968 Meyer Rd. Wentzville, MO 63385 Entry Fee: \$10



LIVE PERFORMANCES BY: After All from 3-6 PM

> AND RIPP from 6-10 PM





Why have a benefit?
Justin had a medical procedure that went wrong following a vehicle accident on October 20th of 2019; the failed medical procedure almost cost him his life. Justin is now off of all life support but still has a long road to recovery. We are asking for prayers and support from the community.



- 50/50 Raffle
- Auction
- Food will be available for purchase
 - LIVE MUSIC!!!

For More Information Please Contact: Ariel Schlenther at (636) 357-5441 Vicki Handlang at (636) 359-4297 Angie Simon at (314) 651-4552

Updates on Justin can be found at: https://www.gofundme.com/f/justin03 9s-saving-grace

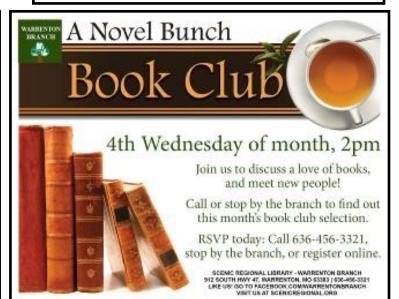


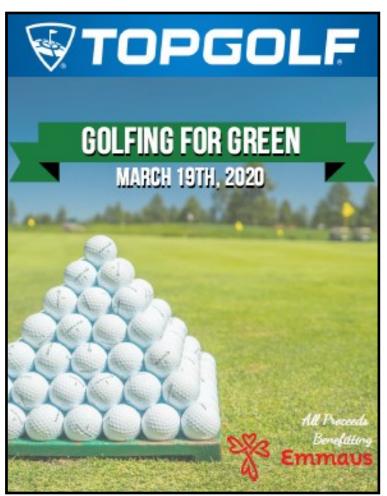
EVERY TUESDAY AT LOOPM

GILGKS WILL SIGNS

Instructor available every Tuesday at 1 pm
for crochet or knitting lessons!

Beginners and experienced alike are welcome
to come and join in on the fun!







Warrenton Elks #2662

1101 E Veterans Mem Pkwy Warrenton, MO 63383 636-456-2662



2020-2021 LODGE OFFICERS

Exalted Ruler
Fred David PER
Leading Knight
Samantha Richardson
Loyal Knight

Lecturing Knight
Larry Pruitt

Secretary
Carol Paul PER
Treasurer

Jeff Culbertson
Tiler
Brian Williams

Brian Williams Esquire

Patty Boyle
Inner Guard
Ronnie Thomas
Chaplain
Susan Brittain

<u>Trustees</u>
Carl Schmiehausen (5yr) Matt Robinett (4yr)
Jerry Egert (3yr)
Larry Miller (2yr) Matt Flake (1yr)



WANNA ENTER?

Name of Team _____

Team Members Names

ENTRY FORM MUST BE IN BY FEBRUARY 28, 2020 WITH \$40 ENTRY FEE

Return to: Warrenton Elks Lodge #2662 1101 E Veterans Memorial Pkwy Warrenton, MO 63383 Call Kelly for Information (636) 359-4865

Kelly Pruitt 636-359-4865 Manager of Operations Saturday March 7, 2020 Noon - 6pm



Come join in a day of community and fun at our annual Chili Cook-off!

Washer Tournament
D.J. and Dancing
Live Auction

CALLING ALL WARRENTON AREA CHAMBER OF COMMERCE MEMBERS! FREE LUNCH-TIME RELAXATION TECHNIQUE FROM THERAPEOU WELLNESS

Come in to Therapeou Wellness to get your seated relaxation therapy.

10-15 minutes between 11:30 and 1:30, Tuesday-Friday.

Please call ahead. 636-359-6202 220 E. Main Street, Warrenton

This relaxation technique is very similar to The Hawaiian Relaxation Technique known ad Lomi-Lomi. The client sits on a massage chair, fully clothed, and the relaxation technique is administered on neck, shoulders, back, head and face. Hair may be mussed a bit, but not messed up.

Essential oils may be added as aromatherapy upon request.

Many past clients say that this technique leaves them feeling as if they took a long refreshing nap, others say it helps with stress. They have said they come in stressed and aggravated and leave in a much better space. Some even say that when they leave, they feel like something that bothered them is no longer a 'big deal.'





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2020 Innsbrook Wedding Showcase

Sunday, March 22 | 11:30 a.m. – 3 p.m. | Aspen Center

Engaged couples and wedding parties: don't miss a chance to enjoy personal attention and a relaxed atmosphere at the 2020 Innsbrook Wedding Showcase. This free showcase includes refreshments for attendees along with: registration to win a Wedding at Innsbrook in 2021 (Valued at over \$35,000!), a swag bag and mimosa for RSVP'ing brides and grooms, top wedding experts in photography, catering, décor and more; and a chance to explore our breathtaking venues. Please contact our wedding experts today at 636.928.3366 x9884 or by email at weddings@innsbrook-resort.com. Register online at https:// innsbrookevents.ticketleap.com/2020-innsbrookwedding-showcase/.



Blue Anchor Coffee & Bistro Winter Events

January

January 25th 6pm

Downtown Cooking School Showcase

Featuring Chef Lee Gustin of Blue Anchor, Maria Beyer of Papu's Cuban Café And Special Ingredients provided by Maw Maw's Cupboard

February

February 2nd 9am to 2pm Super Bowl Tailgate Brunch

February 14th and 15th Valentines Dinner 5pm to 8pm

February 16th 9am to 2pm Sweethearts Sunday Brunch

February 29th 6pm Leap Year Cooking School

March

March 14th 6pm Traditional Irish Cooking School

March 15th 9am-2pm St. Patrick's Day Brunch Featuring Guest Sous Chef Blake Michael Gross



Innsbrook Completes \$3 Million Renovation of its 18-hole Public Golf Course

Innsbrook's 18-hole championship public golf course recently received a facelift – to the tune of \$3 million in course renovations. The resort's investment in tees, greens, fairways, equipment and management aims to provide golfers with an exemplary golf experience at Innsbrook.

"We recently celebrated the completion of our entire golf course irrigation system and new cart paths, a project we started last year are now so happy to see the impressive results," said Lucy Hughes, president of Walters Golf Management. "Our golf course superintendent Matt and his staff did an amazing job!"

The entirely new golf experience lets golfers tee-off while enjoying plush Zoysia fairways, along with:

- Newly repaved cart paths overlaid with smooth black asphalt for a sleek, resurfaced look and comfortable ride throughout the course;
- All brand-new Club Tempo golf carts, boasting USB ports, sand bottles for fixing divots and extracomfortable seats;
- New state-of-the-art irrigation system with 87,000 linear feet of pipe and 133.5 miles of wiring;

New tenth tee at the turn for golfers' food and beverage needs. Golfers can now enjoy a hot dog or brat, chips, soda, water and other favorites without having to leave their game.

Golfers report they are loving the renovations. "Our new irrigation system has been received very well and it is obvious what a benefit it is to the overall condition of the golf course," said Innsbrook Golf Pro Kevin Corn. "Customer reviews have been better than ever which is directly attributable to the projects that were completed, as well as the hard work of our maintenance staff who work wonders at keeping the golf course in fantastic shape!"

Golfers can call the Pro Shop to book tee times or inquire about 2020 Golf Annual Passes at 636.928.3366 x9203 or email golf@innsbrook-resort.com/golf



Innsbrook Resort Seeking Lessee Manager/ Operator

for Equestrian Facility and Stables

Resort community 45-minutes west of St. Louis, Missouri, offers private boarding, recreational riding, camps and more.

Innsbrook announced this week that it is seeking a reliable, positive, knowledgeable, experienced equestrian facility manager who would operate and manage the equestrian facility at Innsbrook, a resort community west of St. Charles county, Missouri.

The successful candidate could lease/operate/manage the stables and surrounding grounds, hire and train staff and trainers. The Stables at Innsbrook facility has current boarding customers, and a robust lesson/training program for junior and adult amateurs ranging from low level eventing to low/mid-level dressage, some basic western recreational riding, mixed quadrille, as well as demand for as many summer camps as possible.

This facility could be operated by a barn manager who trains or hires an Eventing or Western oriented equestrian, or both, as half of the boarders/clients ride or would ride Western, and half need support for eventing and dressage.

The facility has a total of ten dry lots large and small, 20 acres of pasture, riding trails, an all-weather chat trail that is flat, room for gallops and easy hacks, an oversized indoor arena, a large outdoor arena, three tack rooms, 37 stalls between two barns, hay barn, 50 acres of hay fields and more. There is a high demand for trail and pony rides, hay rides, and weekend barn tours.

Facility lease includes a Kubota tractor, arena groomer, manure spreader, UTV vehicle, and housing for operator or barn manager/hand within the stable complex.

Those interested in applying for the role should contact Keith Thompson (keith.thompson@innsbrook-resort.com) for more

(<u>keith.thompson@innsbrook-resort.com</u>) for more information at 636-928-3366, ext. 9178.



Deerfield's on Main

Bob & Toni Truetken
636/377-4077 or 314/604-4139 cell

Winery, Craft Beer, Vintage Soda Pop, Wood Fire Brick Oven Sandwiches, Salads, Soups & Flatbread Pizza Live Music, Huge Deck, Smoker's Patio, Fireplace, Water Feature

Available for Private Events

227 E. Main Street, Warrenton, MO 63383

Deerfield's on Main Schedule of Events

February 27th – Pickin' and Grinnin' Jam Session 5pm – 9pm February 28th – Music by Paul Schaffrin and Friends 7:00pm – 10:00pm

February 29th – Music by Paul Schaffrin and Family 7:00pm – 10:00pm

March 5th – Pickin' and Grinnin' Jam Session 5pm – 9pm March 6th – Music by D&J Entertainment 7:00pm – 10:00pm

March 7th – Music by Calvert & Williams 7:00pm – 10:00pm

March 12th – Pickin' and Grinnin' Jam Session 5pm – 9pm

March 13th – Music by Stephen Jones 6:30pm – 9:30pm

March 14th – Music by Dawgs in the Smokehaus 7:00pm – 10:00pm

March 19th – Pickin' and Grinnin' Jam Session 5pm – 9pm

March 20th – Music by Brian Foggs 6:30pm – 9:30pm

March 21st – Music by Cliff Notes Band 7:00pm – 10:00pm

March 26th – Pickin' and Grinnin' Jam Session 5pm – 9pm

March 27th – Music by Paul Schaffrin and Friends 7:00pm – 10:00pm

March 28th – Music by Paul Schaffrin and Family 7:00pm –





Operation Round Up

Cuivre River Electric Cooperative Presented By: Tim Schmidt

Monday, March 9th, 2020 12:00-1:00 p.m.

Local School Student Programs NEED YOUR HELP!!
Bring these items and you get entered in our drawing!

Items Needed: Canned Fruit, Fruit Cups, Pudding Cups, Granola/Cereal Bars, Fruit Snacks, Raisin boxes, Applesauce Cups, Bottled Water, Cereal (single serve), Pop Tarts, Juice Boxes, Canned/Microwavable Soup, Spaghettios, Mac & Cheese, Microwaveable Meals, Individual Cookies/Snacks, "Ready to Eat" & "Easy to Prepare" for kids on their own!

> Warren County Health Department 101 Mockingbird Lane, Ste. 100, Warrenton, MO Lunch will be provided for \$5

© PLEASE RSVP BY WEDNESDAY, March 4th, 2020 ©

BY CALLING 636-456-7474 or Email pprivett@warrencountymo.org



Warren County Safety Festival

Saturday May 2, 2020

9am-2pm

Check One or More:

__ Sponsor this event to help keep our residents safe! \$100/or more Includes 1 Free exhibit table space Your company mentioned in all advertising if paid by Feb. 29, 2020.

rour company mentioned in all advertising it paid by Feb. 29, 2020

____ Outdoor Space (2 parking spaces) Must bring your own table/chair! \$30 per space How many spaces?_____

____ Indoor Space (includes a 2 1/2x6 table and chairs)

Organization: ______
Contact Person: ______

Address/City/Zip: _______Phone Number:

E-Mail:

Describe what "Safety" topic will be at your space _____

We are asking all vendors to please donate 1 item for our attendance prize table.

"Safety Related" items may be sold. (with WCHD discretion)

** It is your responsibility to collect sales tax. **

If selling items, what items?

Please return completed form with payment to: (Checks payable to Warren County Treasurer)

> Warren County Health Department 101 Mockingbird Lane, Suite 100 Warrenton, Mo 63383

Peggy Privett pprivett@warrencountymo.org or 636-456-7474 for info.





Innsbrook Announces 2021 Dream Wedding Giveaway, Annual Bridal Showcase Presented with St. Louis Bride Magazine

Innsbrook Resort announced this week that, in partnership with <u>St. Louis Bride Magazine</u>, the venue is giving away a dream wedding to be held in March 2021. Located just 45 minutes west of St. Louis, Innsbrook is set amid rolling hills and sparkling lakes and has been a romantic wedding destination for more than 40 years.

Couples can enter to win the wedding by submitting their love story and photos at www.innsbrookweddings.com. Their entry will put them in the running to win a wedding package valued at over \$35,000.

"Uniting in marriage at a place the winning couple can return to, year after year, as they build their lives together will be so lovely and meaningful." said Amber Bade, director of Innsbrook's Aspen Center. "Innsbrook and our sponsors will give the couple that wonderful wedding experience they will be able to relive and share with their family and friends for years to come."

The entry process is simple – couples will answer a few brief questions, share their love story, and attach a few photos. Couples can enter to win online February 17 - March 31, 2020.

Entrants, friends and family will be invited to Innsbrook's annual <u>Wedding Showcase</u> on Sunday, March 22, 2020 as well, where they can learn more about the giveaway, sponsors and Innsbrook.

Selected semifinalist couples will attend attend a free, elegant invitation-only event at Innsbrook on Saturday, May 16, where they can visit with the vendors, network with other couples, snack on hors d'oeuvres, and check out all that Innsbrook has to offer for weddings, golf, vacations and more. Even couples who don't win the ultimate prize can still benefit. Ten finalist couples will be announced at the event.

The final ten couples will be featured on InnsbrookWeddings.com. The public will be encouraged to vote for their favorite couple, with the winners announced on June 5, 2020.

Partnering with a number of leading St. Louis-area vendors, the Innsbrook Dream Wedding Giveaway package includes (but is not limited to):

- An *Innsbrook Resort* wedding on March 20, 2021, including a ceremony and reception site with food and beverage for up to 150 guests;
- Two nights of accommodations at Innsbrook for the winning couple;
- A bon voyage brunch in the Innsbrook bridal house the morning after the event;
- \$1,000 gift certificate towards a bridal gown and \$1,000 towards wedding attendant attire from Mia Grace Bridal;
- Entertainment package from <u>Applause Weddings</u> including: videography, DJ, photo booth, lighting design and monogram projection;
- \$500 towards custom invitation suite from Serendipity Beyond Design;
- \$500 towards reception and ceremony décor from Event Inspirations;
- Specialty place settings for up to 150 guests from Nadine and Mina;
- Wedding hair and makeup for bride by EyeDo STL;
- Photography package from Jess & Jenn photography
- And more!

"We are so excited to share this opportunity with one lucky-in-love couple," Bade said. "We can't wait to get to know them and play a part in the special memories that make their bond so wonderful! This wedding will be truly unforgettable."

For more information about the 2021 Innsbrook Dream Wedding Giveaway, go to www.innsbrookweddings.com.